

# A NEW WELLBEING SUPPORT LINE



I'M JUST  
FEELING A BIT  
LONELY

WHERE  
CAN I GO  
TO GET  
HELP?



East Kent

## WE ARE HERE TO LISTEN...

MONDAY - FRIDAY  
2PM - 5PM

FRIDAY - SUNDAY  
6PM - 10PM



ISOLATED? WORRIED?..  
WE'RE JUST A PHONE CALL AWAY

02039120032

WHITSTABLE &  
THANET